

Do you or someone you know need help with:

- *Anxiety?*
- *Depression?*
- *Substance use?*
- *Grief and loss?*
- *A child's mental health?*
- *Family issues?*
- *Tobacco cessation?*
- *Anger management?*

Why wait for an appointment?

Hartford Behavioral Health is offering walk-in outpatient services for children and adults during our Open Access Days! No appointment needed!

Visit our offices at 2550 Main Street, Hartford

Wednesdays 9:00 AM to 11:00 AM

Thursdays 1:00 PM to 2:30 PM

Spanish speaking only:

Tuesdays 9:00 AM to 11:00 AM

Please come prepared with your photo I.D. and insurance information and plan on being here from 1 to 3 hours.

For more information, contact
Kathy Rivera, Central Intake Specialist
860-548-0101 ext. 354
www.hbh1.org

